

**Nutrition Program GNG Meal Site:** \_\_\_\_\_ Date \_\_\_\_\_

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Middle Initial \_\_\_\_\_

Date of Birth \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

<b>Circle your response:</b>	<b>Gender</b>	Male	Female	<b>Living Alone?</b>	Yes	No	
	<b>Marital Status</b>	Single	Married	Widowed	Divorced	Life Partner	Other
	<b>Race</b>	American Indian/Native Alaskan		Black/African American		Asian	Hispanic
		Native Hawaiian/Other Pacific Islander		White (Non-Hispanic)		Other	
	<b>Ethnicity</b>	Hispanic or Latino		Not Hispanic or Latino			
<b>Income Status</b>	If you are a <b>one person</b> household, is your income: Above   Below <b>\$1,041 per month?</b>			If there are <b>two people</b> in your household, is your income: Above   Below <b>\$1,409 per month?</b>			

### Nutrition Check

Circle each **YES** number that applies to you:

		<b>YES</b>	<b>NO</b>
1.	I have an illness or condition that made me change the kind and/or amount of food I eat.	2	0
2.	I eat fewer than 2 meals per day.	3	0
3.	I eat few fruits or vegetables or milk products.	2	0
4.	I have 3 or more drinks of beer, liquor or wine almost every day.	2	0
5.	I have tooth or mouth problems that make it hard for me to eat.	2	0
6.	I don't always have enough money to buy the food I need.	4	0
7.	I eat alone most of the time.	1	0
8.	I take 3 or more different prescribed or over-the-counter drugs a day.	1	0
9.	Without wanting to, I have lost or gained 10 pounds in the last 6 months.	2	0
10.	I am not always physically able to shop, cook and/or feed myself.	2	0
<b>Total</b>			

### Emergency Contact (available 10:30 AM - 1:00 PM):

Name \_\_\_\_\_ Relationship \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell \_\_\_\_\_ Work Phone \_\_\_\_\_

#### PRIVACY STATEMENT

The information you are being asked to provide is needed to determine if you are eligible to receive Older Americans Act Services and to comply with federal reporting requirements. This information will be stored in a secure electronic database and will not be used for any other purpose. Your information will not be shared with another agency without your permission. This information will not be sold to anyone. You have the right to review your electronic record and request changes to assure accuracy. You will not be denied most services if you refuse to provide his information.

<b>Nutrition Program Use Only (Circle if &lt;60)</b>					
Living at Meal Site	Spouse/Relative	Volunteer	Living with Elderly	Caregiver	Staff

**ADL (Activities of Daily Living)**

Do you have difficulty doing the following? If so, check <input type="checkbox"/> if difficult.	Difficulty (✓)
Getting in and out of the bath or shower or preparing the bath, washing and drying	
Dressing and undressing	
Completing toilet activities and person hygiene	
Getting in and out of bed or a chair	
Using utensils and eating without help	
Walking up and down a flight of stairs or walking or walking without assistance	
<b>CHECK <input type="checkbox"/> TOTAL:</b>	

**IADL (Instrumental Activities of Daily Living)**

Do you have difficulty doing the following? If so, check <input type="checkbox"/> if difficult.	Difficulty (✓)
Preparing own meals	
Medication management	
Handling bill paying, banking, etc	
Doing heavy housework and outside chores	
Doing light housework	
Shopping for personal items and/or groceries	
Traveling in a van, taxi, bus or car	
Answering the telephone or calling out on the telephone	
<b>CHECK <input type="checkbox"/> TOTAL:</b>	

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**Participant Name**

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